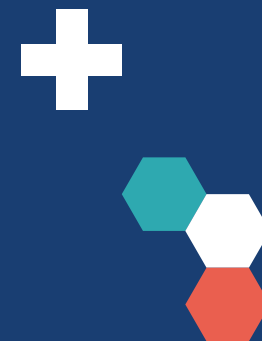


NIHR ARC Wessex



Intervening to support nurses' wellbeing

Professor Jackie Bridges

University of Southampton

@JackieLearning

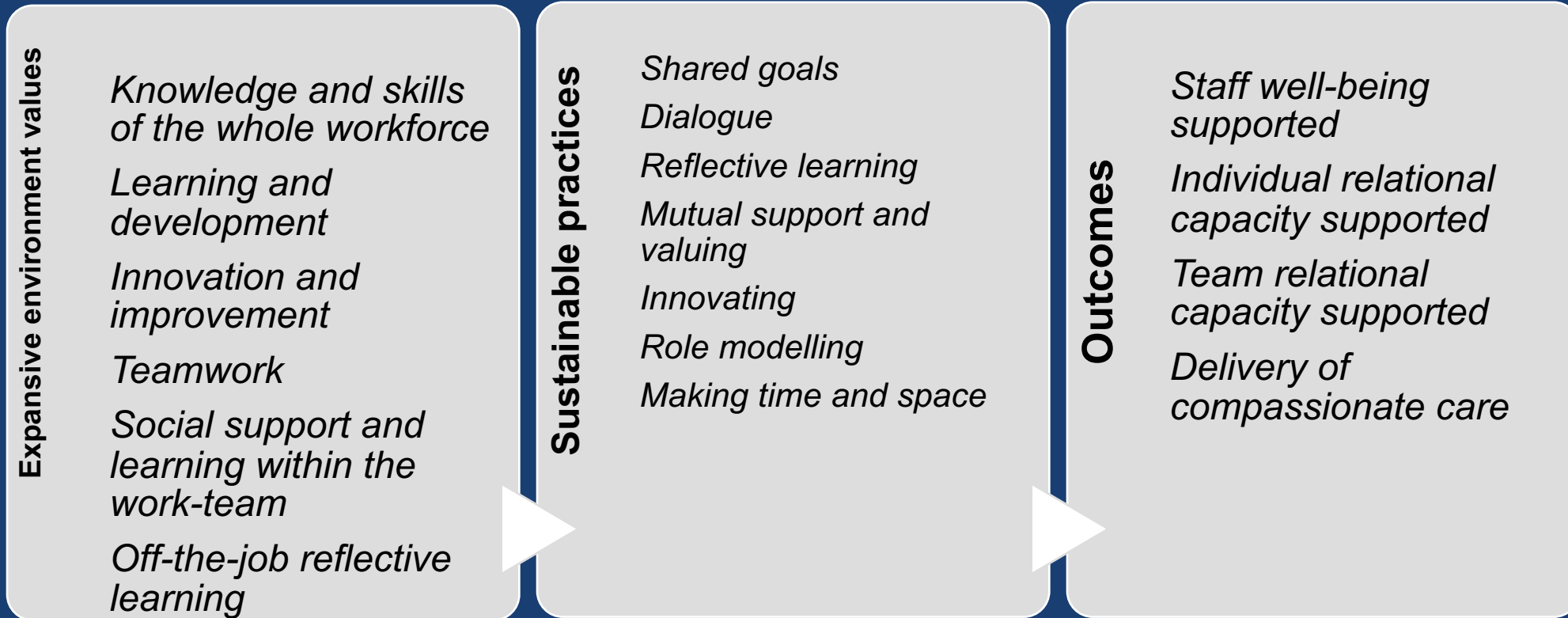


Schwartz Rounds® Evaluation: Funded by NIHR Health Services and Delivery Research programme (project number 13/07/49)

CLECC: Funded by NIHR Health Services and Delivery Research programme (project number 13/07/48), Burdett Trust for Nursing and NIHR CLAHRC Wessex.

The views and opinions expressed are those of the authors and do not necessarily reflect those of the Health Services and Delivery Research programme, NIHR, NHS, the Department of Health and Social Care, or other funding bodies.

Creating Learning Environments for Compassionate Care (CLECC)

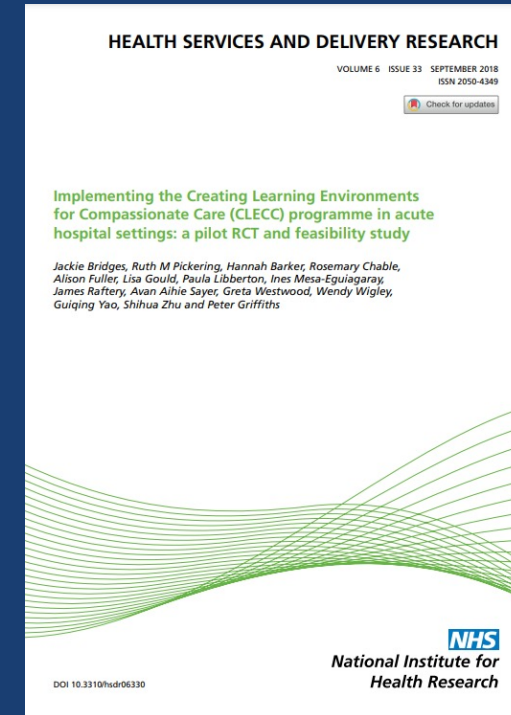


Example CLECC learning activities

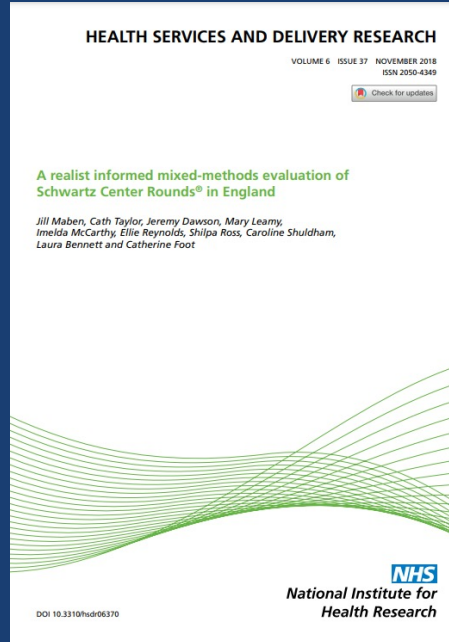
- Introductory learning activities for whole team
 - Engaging senior managers
 - Workplace discussions
 - Peer observations of practice
 - Sustainability plan
-
- Facilitated “Implementation period” supporting the team’s “micro-climate”. All team members

Example CLECC learning activities

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Schwartz Rounds®





Supporting nurses' psychological well-being

- Address physiological and safety needs
- Peer support: look after each other
- Team support: interventions to support team well-being
- Roles and needs of managers and leaders
- Long-term recovery

Maben & Bridges 2020; Maben et al. 2020



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