

Kinda is a Senior Research Fellow with Pharmacy background, working in Academic Geriatric Medicine at the University of Southampton. She is also a key member of “Ageing and Dementia theme” in NIHR ARC Wessex. Kinda has specific expertise in qualitative methodology and currently leading the ARC qualitative support group <http://www.arc-wx.nihr.ac.uk/news-and-events/posts/2019/december/development-of-qualitative-research-in-health-illness-and-care/> Her current research is dedicated to improve care of older people. Kinda is the principal investigator on studies focusing on frailty and sarcopenia in older people. She also has specific interest in Medicine Optimisation, specifically deprescribing, and is involved in a number of studies to address polypharmacy in older people.

Kinda also has expertise in implementation science with a focus on evaluating the implementation of guidelines and evidence-based research into clinical practice and investigating barriers and facilitators for implementation. Based on her expertise, she is currently the principle investigator of an ARC project that aims to evaluate the views and experiences of a range of stakeholders towards moving to a new model of dementia care combining nursing home and shared care apartments. The aim of this project is to understand the expectations and experiences of residents and their relative/families as well as healthcare providers of relocation between care homes and to understand what went well and what did not go very well. We will also explore the experience of couples affected by dementia of moving from their own homes to the purpose-built apartments attached to the new care home. From this work, we aim to draw recommendations to enable organisations plan future successful relocation between care homes.

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